

# Word of the week w/c 5th February 2024

Say: Fran-gee-pan

# Frangipane

Noun

A creamy mixture of ground almonds, butter, sugar and eggs that is sometimes used to fill tarts.

How to make frangipane

Basic frangipane ingredients:

100g butter

100g golden caster sugar

2 eggs

140g ground almonds

75g plain flour



What is the origin of the word frangipane?

Possibly named after Muzio Frangipane, a 16th-century marquess of the Italian noble Frangipani family, who invented a plumeria-scented perfume. The name Frangipane derives from frangere (“to break”) + pane (“bread”), a reference to the family's distribution of bread in time of famine.