

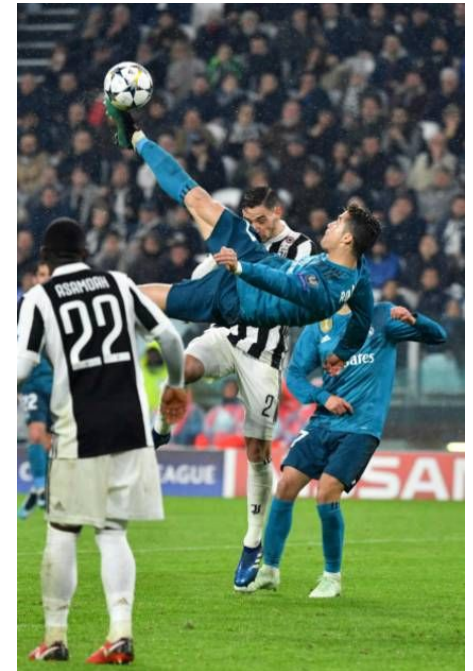
Word of the week w/c 2nd Jan 2023

PE KEY WORD

Aesthetic Appreciation

Aesthetic appreciation is where a person will admire the beauty of an action in a sport e.g. if a footballer scores a perfect goal.

Sounds like uhs·theh·tik



Moments in sport are sometimes beautiful, although this aspect of sport may not always be appreciated as much as winning. Beauty may be seen in a brilliantly executed goal, a delicate chip in golf or a perfect move in gymnastics. Often it is the observer who appreciates the performance, even though the performer can sometimes 'feel' the performance is 'just right'.