

SUNNYDOWN SCHOOL

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Headteacher Mr Paul Jensen B.Ed Grad Dip (SEBD) NPQH



Friday 18th November 2022

Dear all who are associated with Sunnydown,

Some recent observations regarding behaviours of students warrants comment here by way of reminder.

We are a uniformed school and as such, it should be worn at all times with pride. Exceptions to wearing the full uniform are only considered once an explanation and request is received from parents. As the weather becomes colder, this includes jumpers and hoodies. Please do not be offended should one of my team write a message in a diary, or phone or even email any uniform areas of concern.

The use of electronic equipment and devices such as Chromebooks and phones has also been brought to my attention. There are specific times for electronic clubs for KS3 and KS4. Outside of this time, there should be no access to phones or other gadgets. No photos or films of anything at Sunnydown should be taken at any time, unless it is part of the curriculum, Art for example. Chromebooks are for school educational purposes only and should be looked after and charged ready for learning.

Staff are responsible for keeping the school safe and for helping young people learn. They do not deserve to be spoken to rudely and when this does happen, students need to expect consequences including contact home.

I must extend a massive thanks to all staff and students for their efforts this week, especially to remain calm during periods of rain. These conditions were testing but as the students followed the instructions of the staff managing the situation, it was all managed very well.

Christmas Jumpers

We will be raising money for Save the Children by wearing Christmas jumpers on Friday 9th December. Please could your child bring in a donation of £1 on the day.

Christmas jumpers will again be worn on Thursday 15th December for our Christmas dinner.

Football World Cup

The World Cup kicks off on Sunday in Qatar and England plays Iran on Monday at 1.00pm (UK time). Students who wish to watch the match will be given this opportunity in the gym. Lunch will be as normal so KS4 students will need to eat prior to attending the gym. Students are asked to come dressed in their school uniform but may bring flags, banners and England shirts in their bags purely for the event only. Those who prefer to not watch will be engaged in other activities and lessons. Good luck England (and Australia) and all teams actually.

Attendance

Congratulations to 11P for achieving 100% attendance for the week ending 11th November 2022.

Thrive

Attached to the end of this newsletter is a lovely wellbeing calendar for the winter months. Counting down to the winter break. Have a lovely weekend and stay warm.

Miss Brooks

Friends of Sunnydown

A big thank you to everybody for the quiz night, we raised approximately £800 which will go towards supporting the mental health practitioner who is working with the school. We had 12 teams, loads of food and loads of fun, can't wait for the next one! Well done to The Desperate Dans for coming first by a mile!

Donation days - as always we are hosting a Christmas shopping day for the boys on Thursday 15th December and we would love to ask for some donations of suitable gifts and chocolate. We have donation days on Friday 2nd and Friday 9th December so do send in anything you can spare on these days so we can make sure everyone can choose some gifts.

Helpers - Can you help for our Christmas shopping day? Thursday 15th December, can you spare a couple of hours to help us with wrapping presents for the boys? If you can, please email friends@sunnydown.surrey.sch.uk.

Snow day - we are delighted to announce that we have organised a snow machine for the boys to enjoy a fun filled morning of snow and snow ball fights on the last day of term. We are asking for a £5 donation which will go towards the purchase of this. Last year the snowball fight was well and truly on between students and staff, who will win this year? Here's the link to make your donation:

<https://www.pta-events.co.uk/sunnydownevents>

Finally the Christmas staff fund is now open. If you would like to contribute so that we can thank all of our staff this Christmas then follow this link: <https://www.pta-events.co.uk/sunnydownevents>

Friday Curriculum - 25th November 2022

A timetable of events will follow next week.



Thought for the Week
(W/C: 14th November)

Anti Bullying Week

National Campaign idea

Thought for the Week
(W/C: 21st November)

Tolerance - How to tolerate each other

Sportsmanship Award

Jayden Peters
(8O)

Employability Skills Award

Hamish Scott
(9T)

For using initiative and being self-motivated

Alfie Wilson
(9T)

For using initiative and being self-motivated

Baton for the Week

Freddie Dunne
(7C)

For always being willing to support his peers

Mathematician
of the Week
(11/11)

The recipient of
Mathematician of the
Week, awarded by Mrs
Cybuch is:

Jacob Kelly
(8N)

Scientist
of the Week
(11/11)

The recipient of Scientist of
the Week, awarded by Ms
Hristova for academic
achievement and creativity
is:

George Smith
(11P)

Chef
of the Week
(11/11)

The recipient of Chef
of the Week awarded
by Mrs Hull for his
consistent approach to
learning is:

Max Gibbins
(9T)

Musician
of the Week
(11/11)

The recipient of
Musician of the Week,
awarded by Mrs
Cybuch is:

Alfie Monk
(8N)

<p style="text-align: center;"><u>Mathematician of the Week</u></p> <p>The recipient of Mathematician of the Week, awarded by Mrs Cybuch for persevering with his assessment is:</p> <p style="text-align: center;">Finley Marley (9T)</p>	<p style="text-align: center;"><u>Scientist of the Week</u></p> <p>The recipient of Scientist of the Week, awarded by Mr Cybuch for resilience is:</p> <p style="text-align: center;">Teddy Foster (9D)</p>	<p style="text-align: center;"><u>Chef of the Week</u></p> <p>The recipient of Chef of the Week awarded by Mrs Hull for helping others and working hard is:</p> <p style="text-align: center;">Edward Gair (9D)</p>	<p style="text-align: center;"><u>Musician of the Week</u></p> <p>The recipient of Musician of the Week, awarded by Mrs Cybuch for keyboard skills is:</p> <p style="text-align: center;">Cody Osborne (7C)</p>	<p style="text-align: center;"><u>Artist of the Week (11/11)</u></p> <p>The recipient of Artist of the Week, awarded by Mrs Ogle for great digital artwork with his GCSE work is:</p> <p style="text-align: center;">Nathan Waters (11P)</p>
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Song of the Week

Each week a new song will be chosen for Song of the Week and will be on the form page for everyone to enjoy. This week's song was 'Respect' by Aretha Franklin chosen by Mrs Cybuch. To nominate a Song of the Week, please use this google form: <https://forms.gle/9bQSVpHcLm34dALT8>.

Mrs Cybuch

<u>House Points this week</u>	
Daniel Diaz-Leaster	750 House Points
Varen Estwick	500 House Points
Freddie Phillips	500 House Points
Taylor Conway	450 House Points
Callum Annis	400 House Points
Ollie Taylor	400 House Points
Lithar Po-Ba	350 House Points
Jacob Kelly	300 House Points
Jayden Peters	250 House Points
Leo Sumsion	250 House Points
Freddie Collins	100 House Points
Robert Hall	100 House Points
Zac Hoad	100 House Points

The YoungMinds Wellbeing Calendar 2022

Looking after your wellbeing as you count down to the winter break.



MONDAY

28 Affirmation station

Spread some winter joy to your classmates by writing positive affirmation cards, then having your teacher collect them and pass them around. For example: 'I am loved', 'Anything is possible!'

TUESDAY

29 Snowman says...

Just like the classic game of 'Simon says' but with a wintery twist. Who'll be the last person standing?

WEDNESDAY

30 Three good things

Write down three good things that have happened to you today or this week - keep these with you as a reminder.

THURSDAY

1 Guided meditation

Take time to relax and re-centre with a short guided meditation. There are loads of free videos online!

FRIDAY

2 Positive playlist

Suggest your favourite, feel-good songs and create a positive playlist as a class.

5 Mindful walk

Take a wintery walk outside in silence. What do you hear? What do you see? What do you feel?

6 Dance fever

Learn a Tik Tok dance as a class - yes, even your teacher!

7 Alternative Christmas card

Write a kind, supportive card that you'd give to someone who might be struggling this festive season - or for someone who doesn't celebrate Christmas. For example, 'you're not alone'. Your teacher can then collect and hand them out.

8 Things in common

Discuss in small groups things that you have in common - except that you go to the same school! Preferably with people you don't usually hang out with.

9 Mindful colouring

Stick on your positive playlist and let your creative juices flow with a mindful colouring session.

12 Stretch it out

Have a much-needed stretch and unwind with a yoga session. There are loads of free videos online!

13 Your 2022

A lot has happened this year. Write down your reflections of 2022 and any hopes or goals you might have for 2023.

14 Self-soothe session

Create your own self-soothe box for whenever your feelings are overwhelming. For tips, check out the 'How to make a self-soothe box' blog on our website.

15 What makes you, you

Draw a picture of yourself and, around it, write positive comments and things you like about yourself. Are you kind? Are you smart? Do you have a great talent?

16 Random act of kindness

Do something nice for someone else today. Doesn't it feel great?



For help and advice scan here

