

SUNNYDOWN SCHOOL

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Headteacher Mr Paul Jensen B.Ed Grad Dip (SEBD) NPQH



Friday 27th June 2025

Dear all who are associated with Sunnydown,

The graduation of the Year 11 students marks five years of growth in our young men. Some have gotten taller, others have deeper voices from when they started. Those attributes to one side, everyone of my boys can be proud of who they are, and who they have become. They are a credit to their families and themselves.

On Thursday 19th June we celebrated with a graduation ceremony. A wondrous opportunity to reflect on the time each young man has spent in the care and guidance of Sunnydown School. A staff member shared their thoughts on the young men graduating and also shared some reflections from the young men themselves. Each one was a personalised and touching tribute to them as individual students, but also as an alumni of graduates.

Continuing another tradition, Year 11 students are welcomed to the front of our assembly today where they will be given the opportunity to share their views and thoughts with the remaining students. A guard of honour will be formed as the graduates of 2025 leave the hall as students of Sunnydown one final time.

I will have spoken to each young man individually at some point in recent weeks, offering my encouragement for their future. I have also extended a welcome return to Sunnydown at any time in the future, whether for a visit, some work experience, a cup of tea or even paid employment, should there be a need and desire.

To those students in Years 7, 8, 9 and 10 - this will be you in years to come. On this journey it is important to remember that as students of Sunnydown, there are expectations to understand that we are a school, that you are encouraged to wear the uniform with pride and work hard to allow your potential to be realised. You are expected to resolve differences and difficulties with the support of my dedicated staff team and, where possible, use this support to develop your own abilities. Our vision is to empower our students to transform their own lives - we will do our part to an incredibly high standard. The rest, my young men, is up to you. I wish you well on your journey through what is undoubtedly one of the best schools nationally.

Have a sensational weekend.

FoS Golf Day - Thursday 26 June 2025

I had the privilege of attending the third annual FoS Golf day yesterday, organised by Ian Chapman and Chris Po-Ba. With 35 golfers present, the event has grown and will continue to grow into an occasion that will be etched onto corporate calendars for years to come. The weather was changeable but warm, the golf was exceptional to questionable, but the enjoyment was undeniable.

Huge thanks must also go to Izabella Napier and Helen Thompson, co-Chairs of the FoS, for supporting the event. Photos and a summary report will follow in upcoming newsletters.

Paul Jensen

Friday Food Experience

We had a great visit to Portovenere, Caterham. The owner gave us lots of information about the various delicious foods and we had the pleasure of sampling some of it. 8P were a credit to the school and the owner of Portovenere is looking forward to welcoming 8H next Friday.



Mrs Hull

New Year 7s

Our new Year 7s visited Sunnydown on Saturday for the first time. They were joined by their families and spent a few hours getting to know each other and the school. I would like to say a huge thank you to Mrs Peterson, Ms Histrova, Mr Zadok, Miss Thompson and Mr Odia for all their help and support with making the new Year 7s very welcome.

We are really looking forward to meeting them again on the 1st and 2nd July when they visit us again. They will be spending some time with their Form tutors; Ms Hristova, Mr Zadok and Mrs Li-Ying and with Mrs Peterson, Miss Drake and Miss Thompson. I know you will make them all feel very welcome and part of our community.

Jo Wermig

SMSC Week

As usual the last week of term is given over to our SMSC week (Social, Moral, Spiritual and Cultural week). This will involve some off site events at fun venues along with some activities where the boys will be giving back to the school and the local community. Form tutors will be sending out letters with information on these activities, some of which will require consent. Please could all parents and carers keep an eye out for any such communications and respond as promptly as possible.

Many thanks.

Mr Lord

Online Safety Webinars - 23 & 24 July (6-6.30pm)

Please see the link below for a 30min online webinar being offered by Kooth to explore how young people use online platforms and how best to ensure they are kept safe.

[Helping young people stay safe on smartphones and online](#)

Learning Space

Footgolf Trip



Callum Dowie, Jaden Doorga, Freddie Dunne, Alexander Thompson and Carter Stevenson all proudly represented the school on a trip to Gatwick Footgolf. They had lots of fun with this new experience and should be very proud of their amazing achievements.



Miss Hull

Letter from the British Legion re proceeds from our cake sale on 8 May

Forever Standing With Us - Thank you!

Dear Supporters,

I would like to thank you for your contribution of £111.05 to the Royal British Legion Poppy Appeal. We really appreciate your support for everyone who has served, or is still serving their country and their families, and we're proud to have you with us.

Vital donations, like yours, make it possible for us to provide much-needed help and support to the many thousands of Service personnel, veterans, and their families who call on us in their hour of need. With the amazing support of people like you, last year we secured over 22,500 grants to beneficiaries of which £1.5 million was for emergency food and clothing, and £2.3 million was spent on mobility needs, ensuring people have independence. Support like yours also helped us to care for older veterans in our Care Homes, and to support carers for people living with dementia through our Admiral Nurses Scheme.

We would be happy to hear from you if you would like more information about our work, how we use your data or to update your communication preferences, please call our Supporter Care team on 0345 845 1945, email supportercare@britishlegion.org.uk or write to us at Supporter Care team, The Royal British Legion, Haig House, 199 Borough High Street, London, SE1 1AA. You can also find our Privacy Notice at www.britishlegion.org.uk/about-us/legal/privacy-notice

On behalf of the many who will benefit from your kindness, thank you.

Kindest Regards

Tariq Ozaibi
Head of Supporter Services

Could we be there for you or someone you care about? It's not always easy to ask for help, but it's such an important step. If you or someone you know are part of the Armed Forces community and in need of our support – please call our Advice and Information Line on 0808 802 8080. We're here and ready to talk from 8am-8pm every day.

Registered address: Royal British Legion, Haig House, 199 Borough High Street, London SE1 1AA

0345 845 1945 | supportercare@britishlegion.org.uk | rbl.org.uk

Registered charity number: 219279



Recharge - Parent Workshop

We have been sent details of the following workshop offering a practical and engaging parent workshop designed to support families in helping their children manage emotions and return to the “green zone” - calm, focused, and ready to learn.

These workshops provide concrete strategies from the RECHARGE programme that parents can use at home to:

- Understand emotional regulation and the Zones of Regulation framework
- Recognize triggers and early signs of dysregulation
- Use practical tools to guide their children back to a place of calm
- Build stronger parent-child relationships through co-regulation

The sessions are interactive, rooted in current research, and tailored to be inclusive for all families. Please see the flier below for more information.



**SUPPORT BEYOND
THE SCHOOL GATES**
PARENT ENGAGEMENT WORKSHOPS

Our Recharge Parent Engagement Workshops help families build the foundations for calmer, more focused, emotionally resilient children - through simple, practical wellbeing tools parents can use at home.

What the workshops cover:

- Mindfulness and calming breathwork
- Movement strategies to engage and regulate young brains
- Practical wellbeing techniques for everyday life
- Open conversation and support for parents and carers

Why it matters

- Improved emotional regulation in pupils
- Stronger home-school partnerships
- Tools that benefit the whole family
- Reinforcement of classroom learning and practices

**LET'S WORK TOGETHER TO RECHARGE
YOUR SCHOOL COMMUNITY**

Interested?
Email: hello@rowancahill.co.uk

 **RECHARGE**
www.rowancahill.co.uk

Online Safety

Please see the flier attached to this newsletter ‘What Parents & Educators Need to Know about YouTube Kids.’

Mr Cassim

<u>Thought for the Week</u> (W/C: 23/6/25)	<u>Thought for the Week</u> (W/C: 30/6/25)
Poetry	How can we make a difference?

<u>Mathematician of the Week</u>	<p>The recipient of Mathematician of Week, awarded by Mrs Webb last week was</p> <p>Milo Baker <i>For independence & effort</i></p>
<u>Scientist of the Week</u>	<p>The recipient of Scientist of the week, awarded by Mr Cybuch last week was</p> <p>Harrison Williams <i>For effort</i></p> <p>& awarded this week by Ms Hristova is</p> <p>Kye Lawrence <i>For his consistent effort and excellent performance in science</i></p>
<u>Chef of the Week</u>	<p>The recipient of Chef of the Week, awarded by Mrs Hull is</p> <p>Oscar Gregory <i>For independence and improving time management</i></p>
<u>Musician of the Week</u>	<p>The recipient of Musician of the Week, awarded by Mr Smith is</p> <p>Arthur Edmondson</p>
<u>Reader of the Week</u>	<p>The recipient of Reader of the Week, awarded by Miss Thomas last week was</p> <p>Jack Gregory <i>For his commitment in reading sessions</i></p> <p>& for this week, awarded by Miss Toole</p> <p>Jacob Ryan <i>For engaging reading out loud to Mrs O'Toole</i></p>
<u>Artist of the Week</u>	<p>The recipient of Artist of the Week, awarded by Mrs Ogle is</p> <p>Jacob Napier <i>For his fantastic Aboriginal work</i></p>
<u>Computer Scientist of the Week</u>	<p>The recipients of Computer Scientist of the Week, awarded by Mr Amzart are</p> <p>Ross Smallman Jonah Mee Arthur Edmondson Hayden Howells Kai Bagwell</p> <p><i>For scoring a sensational 100% in their recent end of year assessment</i></p>

House Points

House Points (last week)	
Kasra Alavi	900 House Points

House Points	
Lithar Po-Ba	1,050 House Points
Leo Sumsion	800 House Points
Harry Origgi-Fernando	250 House Points
Ollie Hall	150 House Points


Forthcoming Events 2025

Summer Term 2025	
Friday 27 th June 2025	Innovate Year 9 session
Wednesday 2 nd - Friday 4 th July 2025	Year 9 Residential
Thursday 3 rd July 2025	Park Ranger Day
Friday 4 th July 2025	Year 8 (& outstanding Years 8-11) HPV vaccination
Monday 7 th July 2025	Mindworks Coffee morning (10-11am)
Monday 7 th July 2025	Poetry by Heart Trip
Tuesday 8 th July 2025	Prospero/Sunnydown Drama Performance (Herakles)
Tuesday 8 th July 2025	New Barnes KS4 tournament
Wednesday 9 th July 2025	Presentation Event
Friday 11 th July 2025	The Arc - Prospero Drama Group
Monday 14 th July 2025	7M Form Trip
Tuesday 15 th July 2025	7C Form Trip
Tuesday 15 th July 2025	New Barnes KS3 tournament
Wednesday 16 th July 2025	Give back to the community day
Thursday 17 th July 2025	Sports Day
Friday 18 th July 2025	END OF TERM (1.20pm finish)
Monday 21 st July 2025 (Was 4 th November 2024)	INSET DAY
Tuesday 22 nd July 2025 (Was 14 th March 2025)	INSET DAY



JULY 2025 Newsletter

FACE delivers online support via zoom for parents across the UK
Talks are 90 minutes long. £24 each or FREE with a school membership code
Book Online at facefamilyadvice.co.uk on the PARENTS page




Schools can purchase a
FACE School Annual Membership
which means **ALL** parents and **ALL** staff
get unlimited **FREE** access to **ALL** 16 parent talks

Thursday 31st July
19:00 - 20:00
FREE



Supporting Healthy Screen Use
Screens are here to stay.
Identifying the issues and step by step guide to reduce the negative impact.

Monday 21st July
10:00 - 11:30
£24
recording available



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Monday 28th July
10:00 - 11:30
£24
recording available



Facing Defiance
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday 29th July
10:00 - 11:30
£24
recording available



Anxiety Based School Avoidance
Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

facefamilyadvice.co.uk info@facefamilyadvice.co.uk

 July Timetable All sessions delivered live online via zoom £24 each 90 minutes long Book online at facefamilyadvice.co.uk Recordings available for 48 hours	
Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am
Anxiety Explained	8 July 7pm
Raising Self-Esteem	14 July 10am
Supporting Healthy Sleep	14 July 7pm
Decreasing Depression	15 July 10am
Understanding the Teenage Brain	15 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Autism Improving Communication	22 July 10am
Improving Family Communication	22 July 7pm
Facing Defiance	28 July 10am

