SUNNYDOWN SCHOOL

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Headteacher Mr Paul Jensen B.Ed Grad Dip (SEBD) NPQH



Friday 21st October 2022

Dear all who are associated with Sunnydown,

Please take the time to read the attached letter sent on behalf of the Countess of Wessex following her visit on 8th September. Such a wonderful opportunity and I am so proud of what we have achieved by working with partners like Children with Special Needs Foundation.



I notice that the Year 9 trip is being advertised today. In addition, the current plan is to arrange a Year 11 trip to Spain following GCSEs. More information on that in the near future as well.

A hugely successful House activity day today. Many thanks are extended to Mr Wright for organising, but also to the staff who were leaders of their own activities. A huge thanks to each student, whom I understand have had a great day with many opportunities to demonstrate their resilience, independence and cooperation through sports, gardening, board games, cooking and even through a film competition. An amazing way to end another wonderful term at Sunnydown.

The Lockdown rehearsal went incredibly well today. Please discuss with your son why rehearsing this is important, and what sorts of circumstances might lead to such actions. Parents would have received an email which contained the exact wording they would have received if we were placed in a genuine lockdown. To ensure we communicate

accurately with all families, you do have a responsibility to keep us informed of any changes of address, email, and phone number. Thank you.

Miss Derrig-Adams has put together some support numbers relating to our personal Mental Health. Do not hesitate in seeking additional support at any time should you feel the need.

Monday 31st October is an Inset Day with staff set some challenging tasks to further improve the quality of our education, which is already excellent. Students (and taxis) should arrive between 9.00am and 9.30am on Tuesday 1st November. We will follow the Tuesday subject timetable immediately after an assembly.

I wish students, families and staff a wonderful, restful, and much deserved half term break.

Paul Jensen

Attendance

Congratulations to 8N for achieving 100% attendance for the week ending 14th October 2022.

SSSSA Winter Cross Country

Thank you to some students who have pointed out errors with the results that went out in a previous newsletter. Please see the updated chart below.

KS3	Position	KS4	Position
Harry Franklin	3 rd	Max Mahboobani	4 th
Finley Marley	7 th	James Millar	5th
Teddy Foster	10 th	Alex Hennessy	6 th
Thomas Emms	17 th	Oscar Stewart	7 th
Lithar Po-Ba	21 st	Ollie McEvaddy	9 th
Harvey Caruana	24 th	Lucas Abrams	11 th
Freddie Collins	25 th	Daniel Diaz-Lester 20 th	
Luke Dean	28 th	Josh Benton 21 st	
Callum Annis	29 th	Reece Wood 22 nd	
Bailey Goodliffe	32 th	Jamie Rogers 28 th	
Ollie Taylor	35 th	James Dean 31 st	

Mr Wright

Mental Health Support

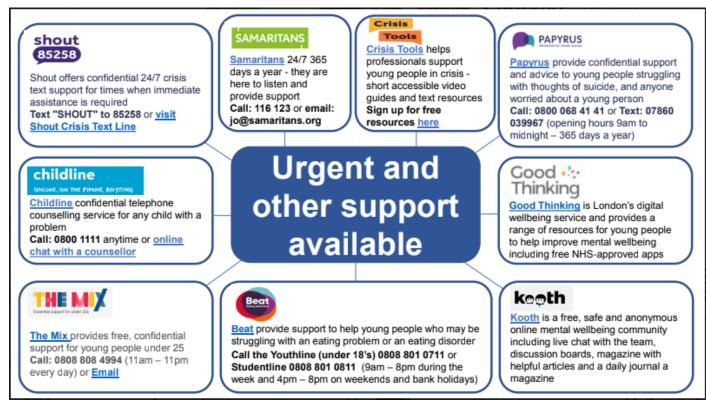
Taking care of our Mental Health is extremely important to each and every one of us here at Sunnydown. Talking to one another and being able to explain our feelings can at times feel very difficult, which can mean we may need a little extra help. Attached to the newsletter today is a document that gives information and numbers about Mental Health support both for young people and for families. Each charity has an area of expertise which means they will be able to support any questions and give further support resources if needed. These charities also provide free crisis lines which can be used 24 hours a day, all year round.

Mindworks is a Surrey charity that provides help and support to young children and families who are experiencing feelings of sadness, worry, anger or upset. Mindworks works with many of its partners, one of them being Learning Space. More recently in the newsletter you would have seen that Sunnydown has invested in two Learning Space practitioners to be on site, two mornings a week. Learning Space provides Mental Health support as well as working on other areas of need such as anxiety, anger, low levels of confidence and self-esteem, bereavement, bullying, friendships and family issues.

The Mindworks website is able to provide advice on how to access support needed, links to other organisations and resources that can be used to support young people and families. The Mindworks website link is:

https://www.mindworks-surrey.org/

Mindworks also provides a free 24/7 mental health crisis line for children aged from six years, young people and their families/carers who are in crisis, the number for this is: 0800 915 4644.



Miss Derrig-Adams

Year 9 Opportunity - Residential Trip: Tuesday 20th June - Thursday 22nd June 2023

We are delighted to inform you that we are organising a 3 day (2 nights) residential adventure trip to the Brenscombe Activity Centre in Dorset and we would like to offer the opportunity to all Year 9s. The trip will run from 9.15am on Tuesday 20^{th} June with the pupils returning to school in the afternoon on Thursday 22^{nd} June 2023. A letter is being sent out via ParentMail today.

School Council Minutes

The School Council met on Tuesday 18th October and the minutes of the meeting are attached to this newsletter.



MacMillan cake sale

Just to update that since last Friday's cake sale - we have managed to sell most of the remaining cakes! This brings the total raised to £108.28. Thank you to everyone who donated and brought in cakes.

Mrs Leonard

Thrive Self- Care Bingo

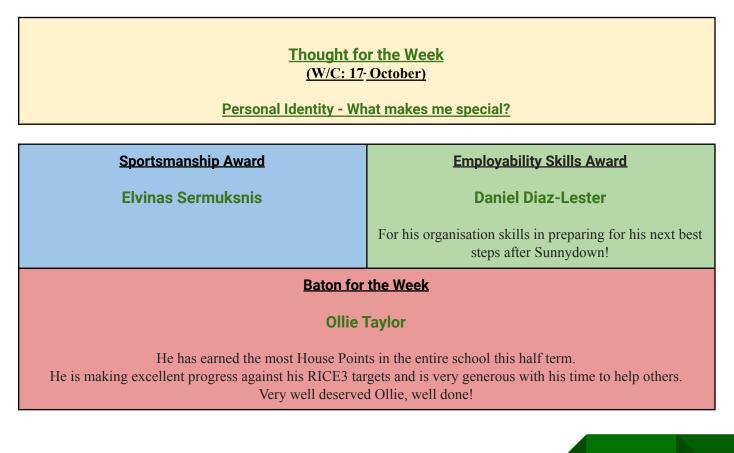
Here is Thrive Bingo. Practising self care is good for our mental and physical health and our self esteem. How many can you tick off in half term? Have a restful and relaxing half term.



Miss Brooks

Friday Curriculum: 4/11/22

A timetable of events will follow after half term.



<u>Mathematician of</u> <u>the Week</u>	<u>Scientist of the</u> <u>Week</u>	Chef of the Week	<u>Musician of the</u> <u>Week</u>	Artist of the Week
The recipient of	The recipient of	The recipient of	The recipient of	The recipient of
Mathematician of	Scientist of the	Chef of the Week	Musician of the	Artist of the Week,
the Week, awarded	Week, awarded by	awarded by Mrs Hull	Week, awarded by	awarded by Mrs
by Mr Zadok for	Ms Hristova for	for his focus and	Mrs Cybuch is:	Ogle for his fantastic
being engaged is:	outstanding effort,	always trying his		digital art work in
	concentration &	best is:	Freddie Phillips	his GCSE this week
Joshua Benton	resilience is		(9D)	is:
(10M)		Harrison Williams		
	James Dean	(7C)		Daniel Diaz-Lester
The recipient of	(10M)			(11P)
Mathematician of				
the Week, awarded	The recipient of			
by Mrs Cybuch is:	Scientist of the			
5	Week, awarded by			
Andrew	Mr Cybuch for			
Hendry-Smith	resilience &			
(9T)	cooperation is:			
	cooperation is.			
	Antony Harper (9T)			

House Points				
Josh Barnes	850 House Points			
Lucas Abrams	650 House Points			
Alfie Wilson	350 House Points			
Jonathan Edwards	250 House Points			
Noah Atkins	50 House Points			
Freddie Dunne	50 House Points			
Freddie Ponsford	50 House Points			
Callum Truttero	50 House Points			
Harrison Williams	50 House Points			



BAGSHOT PARK

Mr Paul Jensen Headteacher Sunnydown School 152 Whyteleafe Road Caterham CR3 5ED

Tuesday 18th October 2022

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The Countess of Wessex has asked me to thank you for your warm welcome to Sunnydown School and for so kindly escorting Her Royal Highness throughout the visit. The Countess of Wessex was pleased to have the opportunity to visit and meet your team members and students and to learn of the school's special relationship with the Children with Special Needs charity. The facilities provided by the charity are clearly much enjoyed by the students.

Her Royal Highness enjoyed meeting the charity's supporters who joined a virtual call from Florida and, despite the thunder and lightning, a short conversation was managed. Please do thank, once again, all who facilitate such special visits for the children to help enrich the lives of your students. The Countess of Wessex hopes that they all enjoyed their recent visit to the United States.

Please would you thank all your team for their hard work, planning and preparation for the visit, which was hugely appreciated by our Household.

In thanking you once again, Her Royal Highness sends all at Sunnydown School her warmest wishes with very grateful thanks for the gift of a bonsai tree. Please accept my apologies for the delay in writing to you.

ours sincere acks

Suzanne Lofthouse-Jackson LVO Assistant Private Secretary to TRH The Earl and Countess of Wessex

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