



## Friday Curriculum

The Friday Curriculum has been designed to give the boys the extra experiences that we feel that they need to be independent after they leave Sunnydown and to help them to succeed in their next steps. The focus is around the characteristics of RICE<sup>3</sup> which runs throughout the school.

### Resilience

### Independence

### Cooperation

To **encourage, empower** and **enable** the boys to develop these important attributes and achieve their academic potential.

## Key Stage 3

The boys will follow a half termly rotation of activities both on and off site, designed to achieve the different aspects of RICE<sup>3</sup> and give the boys access to different opportunities that they may not experience through the more traditional curriculum that we run from Monday to Thursday.

<b>RICE Challenge</b>	A variety of activities which are designed to put the boys in challenging situations, solving problems and working together in safe and supportive environments so they can make mistakes but feel empowered by working beyond them and helping one another to succeed.
<b>Performing Arts</b>	A combination of Pro Corda performing arts group ( <a href="http://www.procorda.com">www.procorda.com</a> ) delivering a bespoke music experience along with Prospero Theatre company ( <a href="http://www.prosperotheatre.com">www.prosperotheatre.com</a> ) who teach the boys 'mindfulness' skills through drama workshops.

<b>Humanities</b>	Off-site visits to places of interest or on site practical activities connected to recent studies in either Geography or History. The focus for this rotation is that the boys get to see and experience the History and Geography that they have been learning about first hand to give them some context.
<b>OAA</b>	A variety of outdoor and adventurous activities designed to build self-esteem and foster teamwork and friendship amongst the boys. This also builds upon the cycling skills that the boys have developed throughout Yr 7 and 8.
<b>School Project</b>	Work in and around the school on a variety of projects to apply skills learnt in practical subjects like DT and Art. This gives an added sense of ownership of the school and the opportunity for the boys to leave their fingerprint on the school whilst learning new skills and developing existing skills.
<b>Food Experience</b>	The opportunity to be responsible for every step of the production of a meal, including planning, budgeting and the physical purchasing of ingredients, often to experience different cultural approaches to cooking and to see how food actually ends up on our plate.

## Key Stage 4

<b>Academic Option</b>	The boys who have chosen this option have the opportunity to follow 2 courses, firstly the European Computer Driving License and secondly an iGCSE in Geography (Edexcel). These are taught over the 3 hour morning period.
<b>Life Skills</b>	The boys will follow a curriculum of activities designed to develop their life skills. This includes some work in the community, First Aid training, work around personal finances and collaborative work with Ridge Radio.
<b>East Surrey College</b>	The boys attend a rotation of activities to East Surrey College including Motor Vehicle Maintenance, Sport & Public Services and Construction. The boys will get the experience of these subjects and prepare portfolio work. It is also a valuable opportunity and experience to help them to prepare for Post 16.