

# SUNNYDOWN SCHOOL

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## Friday Curriculum

The Friday Curriculum has been designed to give the boys the extra experiences that we feel that they need to be independent after they leave Sunnydown and to help them to succeed in their next steps. The focus is around the characteristics of RICE<sup>3</sup> which runs throughout the school. Resilience Independence Cooperation To encourage, empower and enable the boys to develop these important attributes and achieve their academic potential. In Key Stage 3, the boys will follow a half termly rotation of activities both on and off site, designed to achieve the different aspects of RICE<sup>3</sup> and give the boys access to different opportunities that they may not experience through the more traditional curriculum that we run from Monday to Thursday.

Year 7 -Friday						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RICE Challenge	Developing a variety of communication skills focusing on the use of language to solve problems.	Focus on the benefits of teamwork in tackling challenges.	Tackling and creating word and art problems and quizzes	Enterprise and Advertising	Team ' <u>BUILDING</u> ' activity.	Sports Day preparation
Outdoor Adventurous Activities	Mountain Biking - On site and at Kenley		Travel Training walk to Happy Valley and Wide Games.	Low ropes & tunnelling	Archery & grass sledging	Canoeing
Humanities	Norman Conquest - Battle Abbey where the battle took place. (will need to be an all-day trip)	World Maps - Draw a map/or find things on a map in Caterham Valley (could potentially be done at any of the NT parks - Earlswood common etc)	Norman Conquest - Visit to the Horniman Museum to look at body armour and clothing from the Medieval period and to see how trade was conducted at the time including what goods and with who.	Weather - Visit 3 vantage points across surrey and record the weather/ measure temp at different altitudes/ research weather for the local area and do a weather report on ridge radio.	Magna Carta - Walk up to the memorial of where the Magna carta was signed. Get a talk from NT member about the events at Runnymede.	OS Maps - Using the Wakehurst map to find locations across the Wakehurst site which includes the Millennium Seed Bank (largest of its kind) among other rare species of plants
Performing Arts	To introduce new instrumental skills from percussion to strings to piano. To develop ensemble vocal skills. To awaken musical aural awareness via an exposure to a dynamic range of styles and genre. To develop improvisation skills.					
Food Experience	Pre-purchased biscuits. Boys decorating using various media. Making a decorative box to take home in, covered in cellophane.	Going to Pizza Express to learn how to make a Margareta Pizza like the professionals in the restaurant.	Discussion and some initial research on fruits and vegetables which could potentially be grown at school. Visit to Woodcote Nursery to walk around centre and make notes on our findings.	Discussion and some initial research on ingredients required to make pancakes and possible toppings/fillings. Visit to Tesco, Caterham to walk around store, make required purchases and return to school to make a batch of pancakes with fillings/toppings and enjoy!	Some research carried out on Mexican Salsa dishes and choices made of which dishes to make. Writing shopping list and then visiting Tesco, Caterham to make required purchases. On return to school preparing and cooking the dishes and then sharing creations with peers.	Preparing and cooking foods suitable for a traditional picnic. Once all cooked, the other Year 7 class to be invited to join us on the grass for a picnic.
School Projects	The boys will be working on a variety of tasks around the school with a focus on recycling and leaving their 'fingerprint' on their school for years to come.					

Year 8 - Friday						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RICE Challenge	Developing a variety of communication skills focusing on the use of language to solve problems.	Focus on the benefits of teamwork in tackling challenges using the different skills of team members.	Coding and Newspaper production.	Joker Team Challenge	Dessert Island Challenge and Battleships	Sports Day preparation
Outdoor Adventurous Activities	Mountain Biking - On site and at Kenley		Travel Training walk to Happy Valley and Wide Games.	Zip wire & tunnelling	Shooting & grass sledging	Canoeing
Humanities	Henry VIII - Visit to Hever Castle	Rock Cycle - (guided) Tour through the history of Reigate/Chislehurst caves	Parliament - Pupils to re-enact the role of parliament - by researching a matter that's important to them and presenting it to the rest of the group (parliament) to see if they can create a new policy.	Natural Disasters - Building volcanoes	Cromwell and the Civil War - Courtyard Challenge and explore the gatehouse tower and Orangery	Geography and Sport - Olympic Park Visit
Performing Arts	To enhance improvisation and instrumental skills via recording projects and preparation for recorded stage performance sessions. To develop stage and ensemble skills via a strong focus on music theatre.					
Food Experience	Italian Cooking - Pizzas - compiling a shopping list of required ingredients before going to Tesco, Caterham to shop for ingredients. Pizzas then to be made and cooked before sampling the creations.	Shopping trip to purchase Christmas cake decorations from Items Sugarcraft, Kenley. Buying a train ticket independently and catching a train.	Carrying out some research on Chinese starter/finger foods and choosing a dish to cook at the next Food Experience session. Then taking a trip to Wing Yip Chinese Supermarket to look around the store and make our required purchases.	Preparing and cooking the chosen Chinese dishes and then sharing our creations with the other year 8 class.	Research into Mexican snacks and deciding which to make. Shopping list to be compiled for the ingredients required before taking a trip to Tesco to make the required purchases. Then preparing and cooking the dishes before inviting the other year 8 class to sample the dishes.	Preparing and cooking foods suitable for an alternative cultural picnic – spring rolls, samosas, chicken pakora, onion bhaji. Once all cooked, the other Year 8 class to be invited to join us on the grass for a picnic.
School Projects	The boys will be working on a variety of tasks around the school with a focus on recycling and leaving their 'fingerprint' on their school for years to come.					

Year 9 - Friday						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RICE Challenge	Developing a variety of communication skills focusing on the use of language to solve problems.	Focus on the benefits of teamwork in tackling challenges using the different skills of team members.	Robotic coding and quiz designing.	Robotic Coding	Orienteering	Sports Day preparation
Outdoor Adventurous Activities	Mountain Biking - On site and at Kenley		Travel Training walk to Happy Valley and Wide Games.	Climbing & Tunnelling	High ropes	Canoeing
Humanities	The Slave Trade -	Rivers - Visit to Mole Valley River to look at the river and discuss how it is formed and how it meanders - Also includes a walk over the stepping stones. If time allows, they can walk up box hill to see Surrey from its highest point	World War I - The Royal Engineers Museum and Library tell the story of the Corps of Royal Engineers and military engineering. It is a story about the Sappers and their courage, creativity and innovation.	Population Changes - Crawley as a New town/Traffic Changes in different areas/Tandridge plan	World War II - Chartwell House: Explore the house that belonged to Winston Churchill and surrounding grounds	Comparing Countries and Continents - Build things from different countries and discuss them in terms of usefulness and foods from different continents.
Performing Arts	To enhance improvisation and instrumental skills via recording projects and preparation for recorded stage performance sessions. To develop stage and ensemble skills via a strong focus on music theatre.					
Food Experience	Italian Cooking - Making fresh pasta, using the pasta machine and making sauces.	Another chance to take a shopping trip to purchase Christmas cake decorations from Items Sugarcraft, Kenley. Buying a train ticket independently and catching a train.	Carrying out some research on Chinese main course meals and choosing a dish during a lesson. Then having another opportunity to take a trip to Wing Yip Chinese Supermarket to look around the store and make our required purchases.	Using the Burger Van to run a Friday morning Tuck shop. Event marketing materials, pricing and advertising carried out by pupils during FT lessons and all foods prepared and cooked by pupils on the day. Working on small business skills and service industry skills.	Research into Mexican mains and deciding which to make. Shopping list to be compiled for the ingredients required before taking a trip to Tesco to make the required purchases. Then preparing and cooking the dishes before inviting the other year 9 class to sample the dishes.	Planning and preparing for a BBQ lunch cooking various items to include homemade burgers, kebabs and marinated chicken breasts. Pupils to cook on the BBQ and/or in the Burger Van in preparation for lunch time.
School Projects	The boys will be working on a variety of tasks around the school with a focus on recycling and leaving their 'fingerprint' on their school for years to come.					

Year 10 - Friday						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
East Surrey College	The boys will follow a course in Sport and Public Services which focuses on team building, leadership and health & fitness.		The boys will follow the Motor Vehicle Maintenance programme of study learning the basics of major motor vehicle systems such as brakes, engines, suspension, transmission and electrics working practically and attempting appropriate theory tasks.		The boys will follow a specific construction skill working on the basic elements of the chosen trade.	
Life Skills	Pupils will be looking at the skills that they wish to learn throughout the course. Possible AQA Awards in life skills. Investigating local colleges/schools and appropriate courses for Post 16. Start profiles and CV writing following college course investigations.	Looking at preparing for an interview, mock interview opportunities. Planning for possible School Christmas event or charity event, developing teamwork, organisation, independence and communication skills. Possible Ridge Radio.	Budgeting, handling money and shopping safely. Possible NatWest workshops, money management.	Travel training, looking at booking tickets and understanding timetables. Use of different types of transport and staying safe. Looking at what to do in an emergency and possible First Aid training opportunities.	Planning for possible work experience. Independent living skills such as shopping, cooking, washing, ironing.	Keeping healthy and staying fit. Possible work experience. Dragon's Den enterprise activity.
Geography	Water & Earth, River Regimes and Hydrographs.	River features & Coastal Ecosystems.	Rural & Urban Environments.	Biomes, People & Ecosystems.	Fragile Environments.	Desertification & Deforestation.
<a href="https://cloudlearn.co.uk/Course/Online-GCSE-Geography-Course-Edexcel/99">https://cloudlearn.co.uk/Course/Online-GCSE-Geography-Course-Edexcel/99</a>						

Year 11 - Friday						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
East Surrey College	The boys will follow a course in Sport and Public Services which focuses on team building, leadership and health & fitness.		The boys will follow the Motor Vehicle Maintenance programme of study learning the basics of major motor vehicle systems such as brakes, engines, suspension, transmission and electrics working practically and attempting appropriate theory tasks.		The boys will follow a specific construction skill working on the basic elements of the chosen trade.	
Life Skills	The boys will be looking at the skills that they wish to learn throughout the course and then investigating local colleges and appropriate courses for Post 16.	Start profiles and CV writing following college course investigations. Planning for Sunnydown's Got Talent.	Handling money and shopping for goods including budgeting, including looking at Pay.	Travel training with booking tickets and understanding timetables. Use of different types of transport and staying safe.	Year 11 Exam support. Revision planning and guidance.	Exam Preparation
Geography GCSE		Coastal Landforms and Processes.	Threats to the Coastal Ecosystems & Coastal Management.	Economic activity & Formal and Informal Employment.	People and Ecosystems.	Diversification & Rural and Urban Management.
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