



SUNNYDOWN SCHOOL

GAMES CURRICULUM PLAN

Subject	Games	Year group	Y7
Subject Intent	<p>Students will build a connection with PE, through a 'Value of PE' Scheme of Work, understanding the important part it can play in their life now and in the future. 'Resilience', 'Self-Worth' and 'Interpersonal Skills' are focussed on and developed. We strive to provide students with knowledge and tools to prepare them for life through engaging and fun Games lessons and activities.</p> <p>Our conceptual approach offers an alternative to the traditional sport and skills-based approach to PE curriculum design and delivery. The sport and physical activity therefore becomes the vehicle through which the concept is delivered or developed. By shifting the focus of the curriculum and the success criteria of each lesson, our aim is to develop life skills and improve their experiences within PE</p>		

Term	Topic	Core learning	Key concepts	Sequencing
Autumn 1	Tag-Rugby	Core skills such as catching, passing, tackling will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.	<ul style="list-style-type: none"> ● The value of PE ● Positive approaches to PE ● Leading by example ● Physical PE ● Mental & emotional health ● REST strategy ● Embrace Change ● Be a 'Doer' ● Self-Confidence 	<p>Building on..... Key skills such as running, throwing and catching developed at KS2. Some students may have prior experience of Tag-Rugby.</p> <p>Building towards... Students who can enjoy friendly competition in a sporting manner regardless of outcome. Students will start to see the value of physical activity on health and wellbeing.</p>
Autumn 2	Dodgeball/ Uni-hockey	Core skills will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents. Students will develop their understanding of the rules for safe and enjoyable play.	<ul style="list-style-type: none"> ● Sport, PE and Physical activity ● PE & cognitive function ● Physical literacy ● Health related fitness ● The power of positive language 	<p>Building on..... Key skills such as throwing, catching and dodging developed at KS2.</p> <p>Building towards... Students will start to learn the different components of fitness and their importance to particular activities. Students will start to use positive language to positively impact their peers.</p>

<p>Spring 1</p>	<p>Football</p>	<p>Core skills such as passing, dribbling, tackling shooting will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.</p>	<ul style="list-style-type: none"> ● Self-worth ● Confidence ● Attitudes ● Body Image ● Integrity ● Passiveness vs Assertiveness ● Social Media Influence 	<p><i>Building on.....</i> Key skills developed during KS2. Many students will have experience playing Football as the National sport.</p> <p><i>Building towards...</i> Students start to understand that they can positively contribute to a team with a positive attitude and effort.</p>
<p>Spring 2</p>	<p>Ultimate frisbee</p>	<p>Core skills such as passing, catching, shooting will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.</p>	<ul style="list-style-type: none"> ● Asking for Help ● Remaining Positive ● Growth Mindset ● Embracing Failure ● Black Box Thinking ● Marginal Gains ● Persistence 	<p><i>Building on.....</i> Key skills such as running, throwing and catching developed at KS2. Some students may have prior experience of Ultimate frisbee.</p> <p><i>Building towards...</i> Students to start to understand that progress is a continual process whereby we learn from experience and mistakes. The key to learning is asking questions. Why did it not work and how can I do it more effectively next time? What did others do well?</p>
<p>Summer 1</p>	<p>Cricket & Rounders</p>	<p>Core skills such as hitting, bowling, catching, fielding will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.</p>	<ul style="list-style-type: none"> ● Teamwork ● Communication ● Leadership ● Followship 	<p><i>Building on.....</i> Experiences of small sided games and leadership opportunities at KS2</p> <p><i>Building towards...</i> Students who can communicate their message effectively using positive/constructive rather than</p>

				critical language.
Summer 2	Wide games	Students will be given opportunities to lead and participate in a variety of strategy based wide games such as capture the flag. Students will develop communications skills through team feedback	<ul style="list-style-type: none"> ● Active Listening ● Conflict Resolution ● Responsibility ● Empathy ● Identity 	<p><i>Building on.....</i> Their experiences of winning and losing at KS2. Students will have experienced strategy based wide games.</p> <p><i>Building towards...</i> Students who consider how their words and actions impact on those around them including opposing teams. Students will start to understand how to resolve difficult situations.</p>