



SUNNYDOWN SCHOOL

GAMES CURRICULUM PLAN

Subject	Games	Year group	Y10
Subject Intent	<p>Through sport and physical activity, Students will prepare for the world of work and their future careers. 'Employability', 'Fulfilling Potential', 'Emotional Intelligence' and 'Redefining Competition' schemes of work will challenge students to demonstrate and self-reflect on their own strengths whilst also identifying and improving their areas of development, to best prepare them for a life after school.</p> <p>Our conceptual approach offers an alternative to the traditional sport and skills-based approach to PE curriculum design and delivery. The sport and physical activity therefore becomes the vehicle through which the concept is delivered or developed. By shifting the focus of the curriculum and the success criteria of each lesson, our aim is to develop life skills and improve their experiences within PE</p>		

Term	Topic	Core learning	Key concepts	Sequencing
Autumn 1	Football & GCSE practical sports	Core skills such as passing, catching, shooting will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies and tactics to outwit opponents.	<ul style="list-style-type: none"> • Employability • Managing Time • Planning & Organisation • Drive & Initiative • Analysing & Investigating • Teamwork & Communication • Desirable Skills 	<p>Building on skills and strategies developed through KS2 & 3. Work undertaken in PSHE, life skills and Careers.</p> <p>Building towards students understanding that they have transferable skills that they have developed in PE & Games which will support them to thrive in a variety of situations.</p>

Autumn 2	Dodgeball/Table Tennis	<p>DB - Core skills such as throwing, dodging and catching will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies and tactics to outwit opponents.</p> <p>TT - DB - Core skills such as Forehand, backhand, serve, smash and spins will be practiced and applied in conditioned game scenarios. Students will develop strategies and tactics to outwit opponents.</p>	<ul style="list-style-type: none"> • Improve & Develop • Employability Skills • Fulfilling Potential • Positivity and Potential • Self-Confidence • Lifelong Learner • Work Ethic 	<p>Building on the skills and strategies acquired in KS2 & 3. Work undertaken in PSHE, life skills and Careers.</p> <p>Building towards the students having a positive attitude to learning including a positive outlook on their potential.</p>
Spring 1	Parkour climbing & GCSE practical sports	<p>The students will develop their muscular strength and endurance using the climbing apparatus in the gym. They will look at safety in sport and precautions taken to ensure risk is minimised.</p> <p>Time will be allocated for GCSE PE students to practice skills for their individual sports in preparation for video moderation in Y11.</p>	<ul style="list-style-type: none"> • Time Management • Persistence • Goal Setting • Value Yourself • Emotional Intelligence 	<p>Building on the skills developed during KS3 Gymnastics lessons.</p> <p>Building towards students understanding how to set small, medium and long term goals for themselves. Students to use SMART targets to monitor and evaluate their progress.</p>
Spring 2	Ultimate frisbee & GCSE practical sports	<p>Students will use Ultimate Frisbee as a vehicle to discuss and explore their emotions and the emotions of others around them.</p> <p>Time will be allocated for GCSE PE</p>	<ul style="list-style-type: none"> • Self-Management • Self-Awareness • Social-Awareness/Relationship 	<p>Building on the skills and strategies developed in KS3 PE and PSHE.</p> <p>Building towards Emotionally intelligent students who are aware of</p>

		students to practice skills for their individual sports in preparation for video moderation in Y11.	<p>Management</p> <ul style="list-style-type: none"> • Recognise Emotions • Understand Emotions • Label Emotions • Express & Regulate Emotions 	the impact we have on one another. Students who can recognise emotions within themselves and understand where to seek support should they need it.
Summer 1	Cricket/rounders & GCSE practical sports	<p>Students will compete in small sided conditioned cricket games to further develop the key skills such as batting, bowling and fielding.</p> <p>Time will be allocated for GCSE PE students to practice skills for their individual sports in preparation for video moderation in Y11.</p>	<ul style="list-style-type: none"> • What is Competition? • Intrinsic Motivation • Extrinsic Motivation • Self-Determination Theory – Part 1 • Self-Determination Theory – Part 2 	<p>Building on the key skills such as throwing, catching, batting, bowling and fielding developed at KS2 & 3.</p> <p>Building towards self motivated students who understands what motivates them whether that is intrinsic/extrinsic.</p>
Summer 2	Wide Games & GCSE practical sports	<p>Students will engage in strategy based wide Games such as Capture the flag and Rocket rounders.</p> <p>Time will be allocated for GCSE PE students to practice skills for their individual sports in preparation for video moderation in Y11.</p>	<ul style="list-style-type: none"> • Winning & Losing • Rising to the Challenge • Competing Against Yourself • Co-operation & Competition 	<p>Building on the key skills and strategies developed in KS3.</p> <p>Building towards students who understand how to effectively operate in a team in a competitive environment. Different roles will be explored such as leadership, coaching and officiating.</p>