



SUNNYDOWN SCHOOL

GAMES CURRICULUM PLAN

Subject	Games	Year group	Y9
Subject Intent	<p>Students will experience the true power of sport and physical activity when it comes to developing their leadership skills. Schemes of work including 'Attitudes and Behaviours of a Leader', 'Effective Teams', 'Self-reflection' and 'Power of Positivity' will support students to understand their own leadership qualities and experience what makes an effective leader.</p> <p>Our conceptual approach offers an alternative to the traditional sport and skills-based approach to PE curriculum design and delivery. The sport and physical activity therefore becomes the vehicle through which the concept is delivered or developed. By shifting the focus of the curriculum and the success criteria of each lesson, our aim is to develop life skills and improve their experiences within PE</p>		

Term	Topic	Core learning	Key concepts	Sequencing
Autumn 1	Tag-Rugby	Core skills such as catching, passing, tackling will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.	<ul style="list-style-type: none"> ● Attitudes and Behaviour ● Honesty ● Confidence ● Commitment ● Know your 'Why' ● Respect 	<p>Building on..... The understanding of attitudes, growth mindset and the power of positive thinking in Y7 Spring 2 Games</p> <p>Building towards... Students can understand the meaning of attitudes and behaviours and the difference between them. Students will understand how a leader should utilise honesty to support their teams.</p>

Autumn 2	Dodgeball/ Uni-hockey	Core skills will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents. Students will develop their understanding of the rules for safe and enjoyable play.	<ul style="list-style-type: none"> ● Patience ● Enthusiasm ● Positivity ● Effective Teamwork ● Communication ● Problem Solving ● Accountability ● Embracing Collaboration 	<p>Building on..... The work undertaken in Year 7 Games Spring 2 discussing the power of positivity</p> <p>Building towards... Students will understand how to think and act positively and demonstrate this in a PE context. Students will understand what makes an effective team and to demonstrate effective teamwork.</p>
Spring 1	Football	Core skills such as passing, dribbling, tackling shooting will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.	<ul style="list-style-type: none"> ● Active Listening ● Conflict Resolution ● Positive Mindset ● Self-Reflection ● Self-Esteem & Self-Worth ● Self-Improvement ● Self-Care ● Self-Efficacy 	<p>Building on..... Students have discussed in Autumn 1 Y8 the positive/negative impact they can have on those around them. Students have looked at how helping others can positively impact on their self-esteem/worth.</p> <p>Building towards... Students will understand what active listening is and how to develop active listening skills. Students will understand a range of conflict management skills and to develop strategies to solve conflicts and disagreements.</p>

<p>Spring 2</p>	<p>Ultimate frisbee</p>	<p>Core skills such as passing, catching, shooting will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies and tactics to outwit opponents.</p>	<ul style="list-style-type: none"> ● Self-Appraisal ● Self-Image ● Self-Help ● Self-Concept 	<p><i>Building on.....</i> The work undertaken in Summer 2 Y7 where the students discussed identity and responsibilities.</p> <p><i>Building towards...</i> For students to understand what is meant by the term 'self-reflection and to be able to apply this knowledge to PE, Sport and further aspects of life. Students will be able to reflect on their experiences and set personal goals related to self-improvement.</p>
<p>Summer 1</p>	<p>Cricket & Rounders</p>	<p>Core skills such as hitting, bowling, catching, fielding will be practiced and applied in conditioned game scenarios. Students will develop individual and collective strategies to outwit opponents.</p>	<ul style="list-style-type: none"> ● Positive Mind-set ● Fixed Mindset ● Growth Mindset ● Benefits to Health ● Look for Positives 	<p><i>Building on.....</i> The work undertaken in Spring 1 Y7 where the students discussed learning mindsets and how they impact our progress in different areas.</p> <p><i>Building towards...</i> Students will understand how a fixed mind-set will limit success and conversely how a growth mindset can accelerate progress.</p>